



Incorporating Principles of Palliative Care Across the Care Continuum: The Nurses' Role

Thursday April 12th, 2018 8:00 – 5:00 pm

Le Pavillon Hotel, 833 Poydras Street, New Orleans, LA



Nurses Lead and Transform Palliative Care in Practice

Nurses have a profound role in the care of individuals and families living with serious and life-altering illness or injury. Nurses are often the first to recognize palliative care issues, needs, and associated distress. Nurses play an essential role in advocating for palliative care services for individuals and families, whether by delivery of direct care or team referral processes. Nurses can educate patients about the characteristics and value of palliative care.

American Nurses Association Call for Action:

Nurses Lead and Transform Palliative Care

Developed in partnership with The Hospice and Palliative Nurses Association

Released: April 2017



Incorporating Principles of Palliative Care Across the Care Continuum: The Nurses' Role

Monday, April 9th, 2018 from 8:00 – 5:00 pm

Palliative nursing shelters evidence-based practice supporting care of end-of-life conditions and illnesses occurring across all settings and has emerged as one of the fastest growing specialties in health care. Although palliative care is crossing all healthcare environments, not all nurses are confident in their knowledge about this specialty and how to apply primary palliative nursing skills into their current practice.

The goal of this day-long course is to support the learning curve vital to advance palliative nursing across all settings for all nurses by establishing a solid educational foundation to empower nurses to lead and transform palliative nursing practice throughout the healthcare continuum.

This course targets nurses all nurses in all settings to include:

- Acute care hospitals
- Long-term care facilities
- Rehabilitation facilities
- Home settings
- Ambulatory or outpatient primary care or specialty clinics
- Veterans' facilities
- Correctional facilities
- Homeless shelters
- Mental health settings
- Institutional settings



Palliative care is defined as patient- and family-centered care that optimizes quality of life by anticipating, preventing, and treating suffering throughout the continuum of illness or injury, through the provision of holistic person-centered care (physical, intellectual, emotional, social, and spiritual) to support autonomy through informed decision-making.

(modified from C. Dahlin, Ed., 2015, Clinical Practice Guidelines for Quality Palliative Care, 3rd Edition).



At the conclusion of the 8-hour course, the desired outcomes are for the participating nurse to gain essential knowledge on palliative nursing and escalate his/her role in early advocacy and intervention. Course Outcomes:

1. Synthesize the current state of primary palliative nursing
2. Recognize your greatest opportunities to:
 - a. facilitate communication in advance care planning
 - b. support clinical pain and symptom management as it relates to primary palliative nursing
 - c. recognize the cultural and spiritual components to effective palliative care and the impact on loss, grief and bereavement
 - d. distinguish the nurses' role in end of life advocacy and ethics
3. State 5 primary care settings where palliative care principles can be applied.
4. Construct a plan to apply conversations in palliative care within your individual nursing setting
5. Self-reflect on individual contributions to caring for the dying
6. Integrate 2 self-care strategies to improve nursing resilience

The course utilizes active learner engagement approaches that include self-assessments, case studies, and practice reflection through the incorporation of story-learning techniques and offers participants an 8.0 continuing nursing educational (CNE) credit award through the Hospice and Palliative Nurses Association as a provider of continuing nursing education by the ANCC Commission on Accreditation under provider number Po284. No partial credit is offered.



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Julie Kelley Tanner, BSN, RN-BC, CHPN® is the nursing educational specialist for the Hospice and Palliative Nursing Association (HPNA). Areas of clinical expertise include palliative care, advanced heart failure, end-stage organ failure, solid-organ transplantation, infusion and post-acute transitional care management. Ms. Tanner's leadership experience includes serving on numerous non-profit boards, professional society committee chairs and clinical advisory positions in palliative care, transplant, infusion and post-acute care management. Auburn University graduated Ms. Tanner with a Bachelor's of Science in Nursing (BSN) where she then completed a trauma nursing internship at University of Texas Health Sciences Center which clarified her entry point into the field of organ donation and transplantation. Transplantation became the foundation of her palliative care path which is the hallmark of her career. Ms. Tanner obtained board certification by the American Board of Transplant Coordinators as a procurement transplant coordinator (CPTC) in 1990, Clinical Transplantation (CCTC) in 1991, obtained her Oncology Nurses Certification (OCN) in 1996 and is certified by the Hospice Palliative Care Credentialing Center (HPCC) as a Hospice and Palliative Nurse (CHPN®). She is currently mentoring 3 RNs in their leadership professional development and offers over 30 years' experience with end of life patient and family decision making.

Agenda

Course Faculty:



Barbara Schmal, MS, RN, CHPN® is the Clinical Education Team Leader for Hospice of the Valley in Phoenix, AZ where she has performed a variety of roles within the hospice team. She has over 40 years of nursing experience in both acute

hospital critical care and hospice care. Barb has been certified in hospice and palliative care nursing for over 20 years. Barb represented the palliative nursing specialty in her advocacy role as the RN representative of the Hospice and Palliative Credentialing Center (HPCC) Examination Development Committee in addition to serving as HPCC President. Barb serves as national certification review course faculty for HPNA and was designated to participate as a member of HPNA's RN Professional Development Advisory Council and expert faculty for HPNA's RN Educational Design Pathway Development. Barbara is passionate about certification and its role in equipping nurses to provide excellent care for all those at end of life. Email Contact: Barbara Schmal bschmal@hov.org.

7:00 – 8:00 AM	Lite Breakfast and Registration
Morning Session 8:00 – 10:00	Participant Welcome and Program Desired Outcome - Julie Tanner, BSN, RN-BC, CHPN®, CCTC Self-Learning Assessment Activity Introduction - Barbara Schmal, MS, RN, CHPN® The Current State of Primary Palliative Nursing - Barbara Schmal, MS, RN, CHPN®
10:00 – 10:15	Faculty/participant interactive break (15 minutes)
10:15 – 12:00 Noon	Principles of Palliative Care - Barbara Schmal, MS, RN, CHPN® Approach to Culture - Julie Tanner, BSN, RN-BC, CHPN®, CCTC
12:00 Noon – 1:00	Lunch Provided
Afternoon Session 1:00 – 3:00	Self-Learning Assessment Activity Review - Barbara Schmal, MS, RN, CHPN® Incorporate palliative care principles into different care settings - Julie Tanner, BSN, RN-BC, CHPN®, CCTC
3:00 – 3:15 Faculty/participant interactive break (15 minutes)	
3:00 – 5:00	Grief Care - Barbara Schmal, MS, RN, CHPN® Impact of Loss Experience on Nursing Self-Care - Julie Tanner, BSN, RN-BC, CHPN®, CCTC Interactive Forum
5:00 Adjourn	Thank you

Course Continuing Nursing Education Awards

8.0 CNE Credit Hours (60-minutes per credit hour)

1.00 Category 1 designated pharmacotherapeutic credit hours (60-min contact hour) specific to national ANCC re-certification of the APN/CNS which includes drug specific information, safe prescribing practices, safe medication administration, prescribing methodologies, new regulations and/or similar content depending on self-selection of pre-conference course topics.

To receive CNE award and completion certificate, the participant must be in attendance for the entire course and complete / submit an attestation of attendance and online evaluation form within the time frame required of 30-days post course completion. Certificates of Award will delineate pharmacology hours earned in addition to CNE hours awarded for the conference.

Disclosures: It is the practice of HPNA to ensure fair balance, independence, objectivity, and scientific rigor in all program offerings. In compliance with the American Nurses Credentialing Center, we require that faculty disclose all financial relationships with commercial interests over the past 12 months. The planners of this CNE activity have disclosed no relevant financial, professional, or personal relationships with any commercial companies pertaining to this activity. This activity is for educational purposes only.